

St. Cloud School District 742

Health Services

District Administrative Offices

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Influenza-like Illness Symptom Screening Tool for Secondary Students and their Parents and/or Guardian

Students should use the following questionnaire to assess their health status on a daily basis.

Do you have:

- | | | |
|-------------------------------|------------------------------|-----------------------------|
| 1. Fever (100° f or greater)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Sore Throat? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Cough? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Nasal Congestion? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Runny Nose? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |



SHOULD YOU STAY AT HOME?

- If you checked “yes” to fever **AND** one of the other symptoms, **talk with your parent(s) or guardian. It is recommended that students who have multiple influenza-like symptoms stay home until at least 24 hours after they no longer have a fever or signs of fever with use of fever reducing medications (any medicine that has ibuprofen or acetaminophen).** Your parent or guardian should consult with the family healthcare provider if there are questions about your health or symptoms.
- If you have been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider’s recommendation and school policy for when to return to school.

WHAT SHOULD PARENT OR GUARDIAN TELL YOUR SCHOOL?

- If you checked “yes” for fever **AND** one of the other symptoms, a parent or guardian should **call your attendance office and/or health office to let them know what symptoms you have and that you will not be at school.**
- If you have been diagnosed by a healthcare provider with a different disease, such as strep, your parent or guardian should tell your attendance office.

This form is a recommended tool from the Minnesota Department of Health (MDH). For more information and on-going updates 651-201-5414 or 1-877-676-5414 or go to the MDH website at: www.health.state.mn.us .

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